



College Academic Probation Contract

Term on academic probation: Fall Spr _____ Year
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Today's date _____

Name _____ ID No. _____
 E-mail _____@umn.edu Current Phone _____
 Major Department _____ Upper division student yes * no
 Current cumulative GPA _____ Previous semester GPA _____

1. What areas have made academic success difficult for you? (indicate all that are appropriate)

- | | | |
|--|---|---|
| <input type="checkbox"/> wrong major | <input type="checkbox"/> loneliness | <input type="checkbox"/> unprepared for classes |
| <input type="checkbox"/> course load too heavy | <input type="checkbox"/> adjusting to college | <input type="checkbox"/> missed/skipped classes |
| <input type="checkbox"/> not prepared for college | <input type="checkbox"/> poor study skills | <input type="checkbox"/> unsure about how to study |
| <input type="checkbox"/> health issues | <input type="checkbox"/> poor time management | <input type="checkbox"/> group project problem(s) |
| <input type="checkbox"/> financial difficulty | <input type="checkbox"/> conflict with professor | <input type="checkbox"/> off-campus distractions |
| <input type="checkbox"/> work at job too much
how many hours per
week do you work? _____ | <input type="checkbox"/> unaware of support services | <input type="checkbox"/> prefer job to school |
| <input type="checkbox"/> too many other commitments | <input type="checkbox"/> poor advising | <input type="checkbox"/> undecided about future |
| <input type="checkbox"/> family obligations | <input type="checkbox"/> lack of good tutors | <input type="checkbox"/> negative emotions (stress,
boredom) |
| <input type="checkbox"/> relationship issues | <input type="checkbox"/> few people with backgrounds or
interests similar to yours | <input type="checkbox"/> low energy |
| <input type="checkbox"/> alcohol and/or drug issues | <input type="checkbox"/> good intentions but poor follow-
through | <input type="checkbox"/> driven by external expectations
rather than internal motivation |
| <input type="checkbox"/> social distractions | <input type="checkbox"/> low motivation | <input type="checkbox"/> legal issues |
| <input type="checkbox"/> anxiety | <input type="checkbox"/> concentration easily broken | <input type="checkbox"/> learning is rarely fun |
| <input type="checkbox"/> too much time doing outside
activities | <input type="checkbox"/> worries about failure | <input type="checkbox"/> too much time on the computer |
|
<input type="checkbox"/> other (please list) | | |

2. In what areas below do you think you need assistance? (indicate all that are appropriate)

- | | |
|---|---|
| <input type="checkbox"/> study skills | <input type="checkbox"/> math skills |
| <input type="checkbox"/> choosing a major | <input type="checkbox"/> time management |
| <input type="checkbox"/> dealing with personal issues | <input type="checkbox"/> lifestyle change |
| <input type="checkbox"/> stress management | <input type="checkbox"/> writing skills |
| <input type="checkbox"/> overcoming test anxiety | <input type="checkbox"/> test-taking skills |
| <input type="checkbox"/> career exploration | <input type="checkbox"/> dealing with chemical dependency |
| <input type="checkbox"/> other (please list) _____ | |

3. What plans do you have to improve your academic standing?

RECOMMENDATIONS FOR ACADEMIC SUCCESS

REQUIREMENTS

1. Receive no grade below C– for the semester
2. Earn at least a 2.0 term GPA
3. Additional requirements as needed *

* Upper division students: See departmental requirements regarding continuance and status and complete the Department Academic Probation Contract.

- Student's previous term GPA is 1.75 or higher and cumulative GPA is 2.0 or higher thus eligible to do green slips**

Failure to meet any of the indicated REQUIREMENTS will result in academic suspension from the University of Minnesota for at least one year.

** Students who are eligible to register with green slips (1.75 or higher term GPA and 2.0 or higher cumulative GPA) will continue on academic probation if all requirements are not accomplished

Academic Advisor's Signature

Date

*** Upper division students only**

- Completed Department Academic Probation Contract
Date received _____

Student's Signature

Date